

Event: Backboarding

Competitor Name: _____

Team Name: _____

Description: Three Lifeguards will stabilize and backboard a victim in shallow water.
Team will have an **AUTOMATIC FAILURE** for any uncontrolled release of the head.

Scoring

Activated EAP	_____				
1. Should be clear, loud, and appropriate	0	1	2	3	
Enters the water	_____				
1. Should be appropriate for the setting,	0	1	2	3	
Approach victim	_____				
1. Uses correct strokes	0	1	2	3	
2. Has tube positioned well	0	1	2	3	
3. Causes as little waves as possible	0	1	2	3	
Performs initial stabilization	_____				
1. Removes tube	0	1	2	3	
2. Obtains stabilization of victim	0	1	2	3	
3. Rolls the victim to a face up position	0	1	2	3	
Places Victim onto backboard	_____				
1. Has backboard positioned	0	1	2	3	
2. Communicates with rescuers	0	1	2	3	
3. Lowers board into water	0	1	2	3	
4. Positions under victim without moving the victim	0	1	2	3	
5. Uses an appropriate method of removing rescuers arm from under the victim without releasing stabilization	0	1	2	3	
6. Switches stabilization without releasing stabilization (two changes if head splint used)	0	1	2	3	
Attaches straps to backboard	_____				
1. Attaches chest strap first	0	1	2	3	
2. Attaches waist/hip strap second	0	1	2	3	
3. Attaches thigh strap third	0	1	2	3	
4. Attaches head blocks correctly	0	1	2	3	
5. Attaches forehead strap correctly	0	1	2	3	
Quality of attachment	_____				
1. Straps are tight	0	1	2	3	
2. Straps are positioned well	0	1	2	3	
Maintains head neck and back support throughout event	_____	0	1	2	3

Judge: _____

Score: _____