



American Red Cross

Northern Vermont Chapter

**Community Preparedness Education
Health & Safety Course Schedule
April 2008**

The following certification courses will be held at the American Red Cross, 29 Mansfield Avenue, Burlington. Class **participants are expected to arrive 15 minutes prior to the start time** to sign in on the class roster. Call now to register and reserve your space. Forms of payments accepted are Check, Cash, or Major Credit Cards (Visa, Master or American Express). Classes start on time and late participants will not be able to attend.

Adult CPR with AED and First Aid.....\$90 8 hours

This course is designed to train individuals in the workplace to overcome any reluctance to act in emergency situations, and to recognize and care for life-threatening emergencies such as respiratory or cardiac problems, sudden illness, and injury.

Adult CPR & First Aid.....\$70 7 hours

This course is designed to train individuals in the workplace to overcome any reluctance to act in emergency situations, and to recognize and care for life-threatening emergencies such as respiratory or cardiac problems, sudden illness, and injury.

Adult, Child, and Infant CPR & First Aid \$70 9 hours

This course is designed to train people to recognize an emergency, overcome the reluctance to act, and to use the EMS system, and to teach them how to recognize and care for breathing emergencies, heart attack, and cardiac arrest in adult, infants and children. As well as to identify and care for sudden illness, including poisoning, heat and cold emergencies.

Infant and Child CPR.....\$50 5 hours

This course is designed to train parents and caregivers to overcome any reluctance to act in emergency situations, and to recognize and care for life-threatening respiratory or cardiac emergencies in infants and children.

CPR Re-certification Layperson.....\$40 2 hours

CPR Re-certification Professional.....\$50 2 hours

CPR for the Professional.....\$100 8 hours

This course is designed to provide the professional rescuer with knowledge and skills necessary in an emergency. It will explain how the EMS system works and how the professional rescuer's role is different from a citizen responder's role. It explains what happens if certain body systems fail to function and identifies ways in which

diseases are transmitted. It also explains precautions to be taken to prevent disease transmission. Participants will learn how to use a resuscitation mask and a bag-valve mask.

Babysitter's Training.....\$45 6 hours

This course will give you the safety skills and confidence to be a great babysitter. You'll learn what to expect from parents, plus get the skills you need to help you handle any real-life babysitting situation.

Automated External Defibrillation (AED)...\$35 1 hour

Create a safer workplace. Show your concern for your employees and your community. The Cardiac Arrest Survival Act provides Good Samaritan protection to lay AED users. Many companies have acquired the latest AED technology to bring their employees this critical safety advantage. For about the price of a laptop computer and a modest investment in training, your employees will be prepared to save the life of a co-worker, a customer or anyone else who suffers sudden cardiac arrest at your facility.

Bloodborne Pathogens.....\$35 1.5 hours

The purpose of the Bloodborne Pathogens Training: Preventing Disease Transmission course is to teach employees how to recognize report and follow up on employee exposures to infectious materials. How to help prevent exposure incidents by following work practice controls, using engineering controls and personal protective equipment, practicing good personal hygiene and properly cleaning and disinfecting equipment and supplies.

Sports Safety.....\$60 6.5 hours

The American Red Cross is pleased to announce the revision of our Sport Safety Training Program. This is designed for sports coaches and athletic directors who take their role seriously and want to be prepared for emergencies on the field and on the court.

Instructor Courses (other than WSI)...\$100 16 hours

Local. Relevant. Ready.

Preparing Northern Vermont since 1917!

Regional Headquarters: 29 Mansfield Avenue, Burlington, VT 05401-3323 ? Tel: 802-660-9130 ? Fax: 802-660-9136
Newport: 802-334-5533 ? St. Albans: 802-524-4468 ? St. Johnsbury: 802-745-1190
Toll Free in Vermont: 800-660-9130 ? On the Web: www.nvtredcross.org

April 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 First Aid Only 5:30pm	2 CPR Recert Adult, Infant, Child 12:00pm Disaster Training Client Assistance 5:00pm	3 CPR Recert Professional 6:00pm	4 Standard First Aid with CPR/AED Adult 8:30am	5 Standard First Aid with CPR Adult, Infant, Child 8:30am
6 CPR for the Professional Rescuer 9:00am WSI YMCA 9:00am (every Sun) #23511	7 CPR Recert Pro 12:00pm CPR/AED Adult 5:30pm	8 Instructor Course 1 of 2 (Professional) 9:00am CPR Recert Layperson 6:00pm	9 CPR Recert Adult, Infant, Child 12:00pm First Aid Only 5:30pm	10 Instructor Course 2 of 2 (Professional) 9:00am	11 Standard First Aid with CPR/AED Adult 8:30am	12 CPR Recert Layperson 9:00am Lifeguard IROC 9:00 am (every Sat) #23814 CPR Infant and Child 11:00am First Aid Only 5:00pm
13 CPR Infant & Child 1:00pm	14 CPR Recert Pro 12:00pm CPR Recert Layperson 6:00pm	15 CPR/AED Adult 5:30pm	16 CPR Recert Adult, Infant, Child 12:00pm CPR Recert Professional	17 First Aid Only 5:30pm	18 Standard First Aid with CPR/AED Adult 8:30am	19 Lifeguard Recert Lyndon State 8:00am #23234 Standard First Aid with CPR Adult, Infant, Child 8:30am
Lifeguard Training – St. Johnsbury Academy 8am-4pm each day #23784 WSI Training – St. Johnsbury Academy 8am – 4pm each day #23783						
20 Sport Safety Training 9:00am	21 CPR Recert Pro 12:00pm Babysitting 9:00am	22 Instructor Course 1 of 2 (Layperson) 9:00am CPR Infant & Child 5:30pm	23 CPR Recert Adult, Infant, Child 12:00pm First Aid Only 5:30pm	24 Instructor Course 2 of 2 (Layperson) 9:00am CPR Recert Professional 6:00pm	25 Standard First Aid with CPR/AED Adult 8:30am	26 Lifeguard Recert St. Jay 9:00am #23785 Lifeguard Recert St. Albans 8:00am #23513 CPR Recert Pro 9:00am CPR/AED Adult 12:00pm
WSI Training - Branon's Pool, St. Albans 8am – 4pm each day #23233 WSI Training – Sports & Fitness Edge of South Burlington 9am – 4pm each day #23232						
27 CPR for the Professional Rescuer 9:00am	28 CPR Recert Pro 12:00pm CPR Adult, Infant, Child CPR & FA Part 1 of 2 6:00pm	29 CPR Recert Layperson 6:00pm	30 CPR Recert Adult, Infant, Child 12:00pm CPR Adult, Infant, Child CPR & FA Part 2 of 2 6:00pm			

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